

FTNGD

COMPLETE

PACKET

EXAMPLE

FY11

West Virginia Army National Guard FTNGD Packet Checklist

References: NGB-ARH Policy Memo #09-014 dated 26 March 2009, NGB-ARH Policy Memo #09-009 dated 1 June 2009, NGB-ARH Policy Memo #09-011 dated 10 March 2009.

FTNGD-OS or FTNGDCD or FTNGDMA (**circle one**) requested for:

Name: Doe, John
Home/M-Day Unit: 863rd MP CO
Mission/Duty Unit: JFHQ. SLOPERS

Request Memorandum for Full-Time National Guard Duty (FTNGD) from SM M-Day unit, example on HRO web site
Soldier must have more than 6 months time in service remaining

Application for Active Duty for Training
DA Form 1058-R (2 pages), dated July 1993, to include signatures in blocks 21a & 21b, 22, 23, 24, 35e & 35f, 36a-36d

n/a Checklist for determining approval authority (**if applicable**)
NGB Form 1058-1R, dated July 02 (*required for all Soldiers with 17 or more years of Active Federal Service*)

Retirement Point Accounting Statement (RPAS)
NGB Form 23A/23B, Failure to disclose pertinent information that is not coded on NGB Form 23A/23B may be grounds for release from the program

AFCOS Orders Query "Mandatory History Print Out"
Indicating all duty from 24 October 2004 to present
If more than 6 years of cumulative service a waiver is required
AFCOS PRINT OUT INSTRUCTIONS ARE ON THE HRO WEB SITE

Army Physical Fitness Test Score Card
DA Form 705, dated June 1999
Validate passing APFT within 6 months of orders start date, must have go/no-go checked for height/weight and body fat%, NCOIC/OIC signature, and all other field complete

Body Fat Content Worksheet (**if applicable**)
DA Form 5500(male) dated Aug 2006 or DA Form 5501(female) dated Aug 2006
CO HEIGHT/WEIGHT MEMO IS INAPPLICABLE

West Virginia Army National Guard FTNGD Check list, cont.

As of 2 August 2010

Verification of Security Clearance/JPAS Statement (if needed for duty position)
Unit will obtain a JPAS Statement thru the security manager at BN or BDE level

Memorandum of Understanding
To establish parameters for participation in unit IDT and AT activities, signed by Soldier and Commander

n/a Statement of Service (if applicable)
DA Form 1506, dated Aug 1987
For those with 17 years, or more, of prior active service
Soldier must account for all prior service when applying for FTNGD, failure to do so may result in early termination

All Medical requirements listed below must be met prior to submitting the FTNGD packet. For IMR updates to include HIV tests, Periodic Health Assessments (PHA), pregnancy tests, and any other medical related issues contact MEDCOM.

Individual Medical Readiness (IMR) Print Out from MODS/ MEDPROS
PHA and PULHES must be dated within 60 days of orders start date
MODS website: <http://www.mods.army.mil/>

HIV test must show green in MODS, dated within 2 years of orders start date, and Can not expire with duration of orders

Pregnancy test must show NEGATIVE results on IMR (Within 15 Days of order Start date)

n/a Soldiers with permanent 3 or 4 in the PULHES, who meet the medical retention standards as outlined in AR 40-501, must have completed an MOS Medical Retention Board (MMRB) IAW AR 600-60 in order to apply for FTNGD. The MMRB must have awarded a recommendation that states that the Soldier will be "retained in his/her current primary MOS"

Packets are for assignments of 31 days or more. If a packet is incomplete a non approval letter will be sent to the Soldier's unit informing the unit of what is needed to approve the packet. This checklist, and all documents, must be emailed to wvarngj1.hro@us.army.mil. Call SPC Sara Stonoff at 561-6682 or e-mail sara.stonoff@wv.ngb.army.mil or SSG Anthony Barton at 561-6789 or e-mail at anthony.barton@wv.ngb.army.mil for assistance.

NOTE: M-Day Unit POC, with contact number, is required or packet will be returned.

POC/Reviewer: SGT Sknoe, Joe

POC Phone: 561-6724

~~MEMORANDUM THRU Commander, 771st Troop Command Battalion, 100 Military Way, Charleston, WV 25309~~ *AS*

~~MEMORANDUM THRU Commander, 111th Engineer Brigade, 111 Army Navy Drive, Red House, WV 25168~~ *AS*

FOR HRO-AGR Section

SUBJECT: Request for Full-Time National Guard Duty Operational Support (FTNGD-OS)

1. The purpose of this memorandum is to request a tour of FTNGD-OS.
2. Upon receipt of State/DARNG approval, the following Soldier will be placed on orders from 011010 thru 300911 (364 days), subject to the availability of funds, per guidance for FTNGD.
 - a. Name/Grade/SSN: Doe, John/ E-5/ 123-12-1234
 - b. ETS: 19 July 2012
 - c. Mission: Administrative Support for 771st TC BN
 - d. Last Break in Active Service of 31-days or more: 11 August 2007 thru 05 Nov 2007 (86 days)
 - e. Duty Status: Soldier is not currently in a technician status.
 - f. M-Day Duty Position/M-Day Duty MOS: Personnel Specialist / 42A
 - g. M-Day Unit of Assignment: JFHQ, Charleston, WV
 - h. Justification: SGT John Doe will provide administrative and clerical support for the S-1 section of 771st Troop Command Battalion. Duties will include:
 - (1) Using IPERMS to upload documents into the system
 - (2) Supporting day to day S-1 operations

3. The above listed Soldier does not have more than 17 years of active federal service and does not require a waiver for the 1,095 day rule; therefore he/she is eligible for FTNGD-OS and is within the guide lines of NGB-ARH Policy Memo # 09-014, NGB-ARH Policy Memo #09-011, NGB-ARH Policy Memo #09-009, and NGB-ARH Policy Memo # 06-023.

4. POC for this memorandum is SFC Sleek, Richard at (304) 561-4545, or Richard.sleek@wv.ngb.army.mil

Enclosures

1. Request Memorandum
2. DA Form 1058-R
3. DA Form 1058-1R (if applicable)
4. NGB 23A (RPAS)
5. AFCOS Orders Query
6. DA Form 705
7. Cert of ht/wt
8. (DA Form 5500/5501, if applicable)
9. Verification of security clearance
(if applicable)
10. MOU
11. DA Form 1506 (if applicable)
12. IMR Print Out


ESSE JAMES
CPT, WVARNG
Commanding

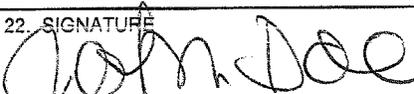
**APPLICATION FOR ACTIVE DUTY FOR TRAINING, ACTIVE DUTY FOR SPECIAL WORK,
TEMPORARY TOUR OF ACTIVE DUTY, AND ANNUAL TRAINING FOR SOLDIERS OF THE
ARMY NATIONAL GUARD AND U.S. ARMY RESERVE**

For use of this form, see AR 135-200; the proponent agency is ODCSPER

DATA REQUIRED BY THE PRIVACY ACT OF 1974

AUTHORITY: 10 USC 672(d) and USC 275.
PRINCIPAL PURPOSE: To determine eligibility and schedule individuals for active duty for special work or active duty for training on requested dates.
ROUTINE USES: To identify the applicant as a Reserve Component member and to issue active duty for special work or active duty for training orders. The SSN is used to identify the applicant.
DISCLOSURE: Completing this form is mandatory for individuals applying for active duty for special work and active duty for training. If not completed, you will be ineligible for the requested tour.

PART I - APPLICANT (Read instructions in AR 135-200 before completing this form.)

1. TO (Include ZIP Code) JFHQ-WV-HRO-AGR 1703 COONSKIN DRIVE CHARLESTON, WV 2311			
2. NAME (Last, First, MI) DOE, JOHN		3. SSN 123-12-1234	
4a. PERMANENT HOME ADDRESS (Include ZIP Code) 123 LEFTWICH AVENUE CHARLESTON, WV 25311		5a. ADDRESS FROM WHICH YOU WILL REPORT FOR DUTY (If different from permanent home address) (Include ZIP Code)	
4b. HOME TELEPHONE NUMBER (Include area code) 304-123-4567		5b. HOME TELEPHONE NUMBER (Include area code)	
4c. BUSINESS TELEPHONE NUMBER (Include area code) 304-123-0987		5c. BUSINESS TELEPHONE NUMBER (Include area code)	
6. UNIT OF ASSIGNMENT OR ATTACHMENT 771ST TROOP COMMAND		7. GRADE E-5	8. BRANCH ARNG
9. SEX <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	10. DOB 20APR81	11. MARITAL STATUS SINGLE	12. NO. OF DEPENDENTS 0
13. PRIMARY SSI (AOC)/MOS 42A20	14. DUTY SSI (AOC)/MOS 42A20	15. HEIGHT 60	16. WEIGHT 190
17. <input type="checkbox"/> I am <input checked="" type="checkbox"/> I am not drawing a pension, disability compensation, or retired pay from the U.S. Government.		18. TOTAL YEARS, MONTHS, DAYS OF ACTIVE FEDERAL SERVICE (AFS) 3YRS 3MOS 3 DYS	
19. FOR INDIVIDUAL MOBILIZATION AUGMENTEES ONLY: THIS APPLICATION IS FOR (Check one) <input type="checkbox"/> IMA AT <input type="checkbox"/> ADT in lieu of IMA AT <input type="checkbox"/> Additional ADT			
20. DATES OF ADSW/TTAD/ADT/AT REQUESTED			
a. FIRST CHOICE		b. SECOND CHOICE	
NUMBER OF DAYS 120	BEGINNING DATE/TIME 01 SEPT 10	NUMBER OF DAYS	BEGINNING DATE/TIME
LOCATION 771ST TROOP COMMAND BATTALION		LOCATION	
DUTY/TRAINING AGENCY CLERICAL SUPPORT/S-1		DUTY/TRAINING AGENCY	
21. To the best of my knowledge and belief, I am physically qualified for active military duty. I was			
a. LAST EXAMINED ON 20090110		b. AT	
22. SIGNATURE 		23. DATE 20100810	

24. REMARKS

I understand that although at the completion of my tour I may be within 2 years of qualifying for an active duty retirement under 10 USC 1293, 3911, or 3914, it is current Army policy that I will be released from active duty at the completion of my tour unless continued retention on active duty is considered in the best interest of the Army by the Assistant Secretary of the Army (Manpower and Reserve Affairs). I hereby consent to my release from active duty at the completion of this tour.

John Doe
 (Signature of applicant)

PART II - RECORDS CUSTODIAN

25. PAY ENTRY BASIC DATE 01MAR99	26. SECURITY CLEARANCE YES	27. PROMOTION CONSIDERATION CODE	28. DATE OF RANK 01SEPT 07
29. RYE DATE	30. ETS (Enlisted) 04 SEPT 13	31. MANDATORY REMOVAL DATE (Officers)	32. UIC WPZZZ
33. HIV TEST DATE 20090112	34. PANOGRAPHIC DENTAL X-RAY ON FILE <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO		

35. List all previous AD, TTAD, AT, ADT, IADT, and ADSW in the previous and current fiscal year showing inclusive dates, purpose of tours, and HQ or agency to which attached.

a. PERIOD OF TRAINING/DUTY			b. TYPE TRAINING/DUTY (AD, TTAD, etc.)	c. LOCATION/INSTALLATION	d. DUTY PERFORMED
FROM	TO	NO. DAYS			
20080101	20080115	14	AT	CAMP DAWSON, KINGWOOD, WV	42A/ ADMINISTRATIVE
20070101	20070115	14	AT	CAMP DAWSON, KINGWOOD, WV	42A/ ADMINISTRATIVE

e. SIGNATURE OF UNIT COMMANDER <i>Patricia Wood</i>	f. DATE 20100810
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36a. NAME OF RECORDS CUSTODIAN (First, Last, MI) WOOD, PATRICIA M.	b. GRADE E-7
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c. SIGNATURE <i>Patricia Wood</i>	d. DATE 20100810
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ARMY NATIONAL GUARD RETIREMENT POINTS HISTORY STATEMENT



771ST TROOP COMMAND
 100 MILITARY DRIVE
 CHARLESTON, WV 25309-0000
 77EAA-700

Date Prepared: 2009/08/04
 AYE: 03/18
 BASD: 2003/08/14
 Notice Of Eligibility: NO
 Highest Grade Held: E04
 Output Reason: Request

This summary is a statement of your points earned towards retirement. You should review all entries and report any discrepancies to your unit clerk. Particular attention should be given to any period of service with a verification status (VS) of "B" because points are not credited until verified.

Begin Date (yyyymmdd)	End Date (yyyymmdd)	MMSI	IDT	MEM	ACCP Misc Pts	AD Pts	VS	Total Career Points	Total Pts For Ret Pay	Creditable Svc For Ret Pay
1999/02/09	1999/03/22	E5	0	--	0	0	V	---	---	--/--/--
1999/03/23	2000/02/08	A1	0	2	0	323	V	325	325	01/00/00
2000/02/09	2001/02/08	A1	0	0	0	366	V	366	366	01/00/00
2001/02/09	2002/02/08	A1	0	0	0	365	V	365	365	01/00/00
2002/02/09	2003/02/08	A1	0	0	0	365	V	365	365	01/00/00
2003/02/09	2004/02/08	A1	0	0	0	365	V	365	365	01/00/00
2004/02/09	2004/09/13	A1	0	--	0	218	V	---	---	--/--/--
2004/09/14	2005/02/08	D4	0	6	0	0	V	224	224	01/00/00
2005/02/09	2006/02/08	D4	0	15	0	0	V	15	15	00/00/00
2006/02/09	2007/02/08	D4	0	15	0	0	V	15	15	00/00/00
2007/02/09	2007/03/18	H3	0	--	0	0	V	---	---	--/--/--
2007/03/19	2008/03/18	B1	38	15	0	16	V	69	69	01/00/00
2008/03/19	2009/03/18	B1	21	15	0	113	V	149	149	01/00/00
2009/03/19	2009/06/30	B1	17	--	0	17	V	---	---	--/--/--
2009/07/01	--	B4	0	--	0	35	V	---	---	--/--/--
Grand Totals						2131		2258	2258	08/00/00

MILITARY MEMBERSHIP STATUS IDENTIFIERS

- E5 - Delayed Entry Program (Any Component)
- A1 - United States Army Regular Service
- D4 - USAR Control Group (Reinforcement)
- H3 - Non-Military, Civilian Break
- B1 - Army National Guard Unit Member
- B4 - Army National Guard Active Duty under Title 32 USC, State Controlled

ARMY NATIONAL GUARD RETIREMENT POINTS HISTORY STATEMENT


771ST TROOP COMMAND
100 MILITARY DRIVE
CHARLESTON, WV 25309-0000
77EAA-700

Date Prepared: 2009/08/04
AYE: 03/18
BASD: 2003/08/14
Notice Of Eligibility: NO
Highest Grade Held: E04
Output Reason: Request

NON-CREDITABLE PERIODS OF SERVICE

From Date	To Date	Reason
2007/02/09	2007/03/18	Non-Military, Civilian Break

DISTRIBUTION:

1 - Soldier
1 - Requestor
1 - State Use

TECHNICIAN						START	END		ORDER	
NEG	UIC	D03FILE	TDC DATE	RESV LOAD	DATE	DATE	DAYS	NO.	DATE	
N	ZB0	S	E4	201	P	07-JUL-02	20-JUL-02	14.0	183007	02-JUL-02
	QDBAA0	02192	11-JUL-02		N					
N	AW0	S	E4	381	P	16-APR-03	16-APR-03	1.0	111014	21-APR-03
	QDBAA0	03118	28-APR-03		N					
N	AW0	S	E4	381	P	21-APR-03	21-APR-03	1.0	111019	21-APR-03
	QDBAA0	03118	28-APR-03		N					
N	BA0	S	E4	101	P	16-AUG-03	30-AUG-03	15.0	191081	10-JUL-03
	QDBAA0	03232	20-AUG-03		N					
N	AW0	S	E4	381	P	20-SEP-03	20-SEP-03	1.0	265025	22-SEP-03
	QDBAA0	03280	07-OCT-03		N					
N	BA0	S	E4	111	P	17-NOV-03	22-NOV-03	6.0	318107	14-NOV-03
	QDBAA0	03335	01-DEC-03		N					
N	BA0	S	E4	111	P	01-DEC-03	06-DEC-03	6.0	321112	17-NOV-03
	QDBAA0	03342	08-DEC-03		N					
N	MOB	L	E5	MOB	P	07-DEC-03	30-MAR-05	480.0	343170	09-DEC-03
	QDBA10	ORDER	03-MAR-05		N					
N	BA0	S	E5	111	P	04-JUN-06	18-JUN-06	15.0	139084	19-MAY-06
	QDBAA0	06163	12-JUN-06		N					
N	SK0	S	E5	221	P	17-AUG-07	18-AUG-07	2.0	025055	25-JAN-07
	QDBAA0	07239	27-AUG-07		N					
N	BA0	S	E5	111	P	20-AUG-07	24-AUG-07	5.0	255005	12-SEP-07
	QDBAA0	07261	18-SEP-07		N					
N	BA0	S	E5	111	P	27-AUG-07	31-AUG-07	5.0	255006	12-SEP-07
	QDBAA0	07261	18-SEP-07		N					
N	BA0	S	E5	111	P	03-SEP-07	07-SEP-07	5.0	242006	30-AUG-07
	QDBAA0	07256	13-SEP-07		N					
N	BA0	S	E5	101	R	09-MAR-08	23-MAR-08	15.0	061040	01-MAR-08
	QDBAA0	ORDER	01-MAR-08		N					
N	AFO	N	E5	513	P	09-JUN-08	15-JUN-08	7.0	150005	29-MAY-08
	QDBAA0	08175	23-JUN-08		N					

N	AF0	L	E5	513	R	09-JUN-08	30-SEP-08	114.0	150005	29-MAY-08
	QDBAA0	ORDER		29-MAY-08		N				
N	AF0	N	E5	513	P	16-JUN-08	30-JUN-08	15.0	150005	29-MAY-08
	QDBAA0	08175		23-JUN-08		N				
N	AF0	N	E5	513	P	01-JUL-08	15-JUL-08	15.0	150005	29-MAY-08
	QDBAA0	08190		08-JUL-08		N				
N	AF0	N	E5	513	P	16-JUL-08	31-JUL-08	16.0	150005	29-MAY-08
	QDBAA0	08205		23-JUL-08		N				
N	AF0	N	E5	513	P	01-AUG-08	15-AUG-08	15.0	150005	29-MAY-08
	QDBAA0	08221		08-AUG-08		N				
N	AF0	N	E5	513	P	16-AUG-08	31-AUG-08	16.0	150005	29-MAY-08
	QDBAA0	08233		20-AUG-08		N				

Army Physical Fitness Test Scorecard

For use of this form, see FM 21-20; the proponent agency is TRADOC

NAME (LAST, FIRST MIDDLE) DOE, JOHN
 SSN 123-23-4567 GENDER M
 UNIT JFHQ

TEST ONE			TEST TWO			TEST THREE			TEST FOUR		
DATE	GRADE	AGE	DATE	GRADE	AGE	DATE	GRADE	AGE	DATE	GRADE	AGE
01 Jan 09	E-5	28									
HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION		HEIGHT (IN INCHES)	BODY COMPOSITION	
63	WEIGHT: <u>190</u> lbs	BODY FAT: <u>10</u> %		WEIGHT: <u> </u> lbs	BODY FAT: <u> </u> %		WEIGHT: <u> </u> lbs	BODY FAT: <u> </u> %		WEIGHT: <u> </u> lbs	BODY FAT: <u> </u> %
GO / NO-GO <input checked="" type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>	GO / NO-GO <input type="checkbox"/> / <input type="checkbox"/>
PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS	PU RAW SCORE	INITIALS	POINTS
69	SS	100									
SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS	SU RAW SCORE	INITIALS	POINTS
82	SS	100									
2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS	2MR RAW SCORE	INITIALS	POINTS
12:45	SS	100									
ALTERNATE AEROBIC EVENT	TOTAL POINTS		ALTERNATE AEROBIC EVENT	TOTAL POINTS		ALTERNATE AEROBIC EVENT	TOTAL POINTS		ALTERNATE AEROBIC EVENT	TOTAL POINTS	
	300										
TIME	GO <input type="checkbox"/> NO-GO <input type="checkbox"/>		TIME	GO <input type="checkbox"/> NO-GO <input type="checkbox"/>		TIME	GO <input type="checkbox"/> NO-GO <input type="checkbox"/>		TIME	GO <input type="checkbox"/> NO-GO <input type="checkbox"/>	
NCOIC/OIC SIGNATURE	NCOIC/OIC SIGNATURE		NCOIC/OIC SIGNATURE	NCOIC/OIC SIGNATURE		NCOIC/OIC SIGNATURE	NCOIC/OIC SIGNATURE		NCOIC/OIC SIGNATURE	NCOIC/OIC SIGNATURE	
<i>[Signature]</i>	<i>[Signature]</i>										
COMMENTS	COMMENTS		COMMENTS	COMMENTS		COMMENTS	COMMENTS		COMMENTS	COMMENTS	
For Record											

SPECIAL INSTRUCTION: USE INK
 LEGEND: PU - PUSHUPS 2MR - 2 MILE RUN
 SU - SIT UPS APFT - ARMY PHYSICAL FITNESS TEST

Data Required by the Privacy Act of 1974
 Individuals not providing information cannot be rated/scored. The principal purpose and routine use of this information are to maintain a record of individual scores on physical fitness events.

Title DA Form 705
 Authority 5 USC Section 301
 Disclosure of requested information is mandatory.

DA FORM 705, JUN 1998, MAY BE USED

USAPA V1.00

BODY FAT CONTENT WORKSHEET (Male)
 For use of this form, see AR 600-9; the proponent agency is DCS, G-1.

NAME (Last, First, Middle Initial) DOE, JOHN	SSN 123-12-1234	RANK SGT	NOTE: ¼" =.25 ½" =.50 ¾" =.75	
HEIGHT (to nearest 0.50 inch) 60	WEIGHT (to nearest pound) 200	AGE 28		
STEP	FIRST	SECOND	THIRD	AVERAGE (to nearest 0.50 in.)
1. Measure abdomen at the level of the navel (belly button.) Round down to the nearest 0.50 inch. (Repeat 3 times.)	32.00	32.00	32.25	32.00
2. Measure neck just below level of larynx (Adam's apple.) Round up to the nearest 0.50 inch. (Repeat 3 times.)	17.00	17.00	17.25	17.00
3. Enter the average abdominal circumference.				32.00
4. Enter the average neck circumference.				17.00
5. Enter circumference value (step 3 - step 4).				15.00
6. Find the height in Table 3-1 (Height Factor). Enter height in inches.				60.00
7. Find the Soldier's circumference value (step 5) and height (step 6) in figure B-5 (Percent Fat Estimation for Men). Enter the percent body fat value that intercepts with the circumference value and height. This is Soldier's Percent Body Fat.				18.00

REMARKS

CHECK ONE

- Individual is in compliance with Army Standards; is not in compliance with the standards.
 Recommended monthly weight loss is 3-8 lbs.

PREPARED BY (Signature) <i>Samuel Spaulding</i>	RANK SGT	DATE (YYYYMMDD) 20090212	APPROVED BY SUPERVISOR (Printed Name and Signature) <i>Samuel Rank</i>	RANK MSG	DATE (YYYYMMDD) 20090212
Spaulding, Samuel			Rank, Sergeant		

M

TAB

TAB

TAB

TAB

BODY FAT CONTENT WORKSHEET (Female)

For use of this form, see AR 600-9; the proponent agency is DCS, G-1

NAME (Last, First, Middle Initial) DOE, JANE	SSN 123-12-1234	RANK 1SG	NOTE: ¼"=.25 ½"=.50 ¾"=.75	
HEIGHT (to nearest 0.50 inch) 60.00	WEIGHT (to nearest pound) 180	AGE 28		
STEP	FIRST	SECOND	THIRD	AVERAGE (to nearest 0.50 in.)
1. Measure neck just below level of larynx (Adam's apple) up to nearest 0.50 inch. Repeat three times, then average.	16.00	16.00	16.00	16.00
2. Measure waist (abdomen) at the point of minimal abdominal circumference. Round down to nearest 0.50 inch. Repeat three times, then average.	34.00	34.00	34.25	34.00
3. Measure hips at point where the gluteus muscles (buttocks) protrude backward the most. Round down to nearest 0.50 inch. Repeat three times, then average.	42.00	42.00	42.25	
4. CALCULATIONS		REMARKS		
A. Enter average waist circumference	34.00			
B. Enter average hip circumference	42.00			
C. TOTAL (4A + 4B)	76.00			
D. Enter average neck circumference	16.00			
E. Enter circumference value (4C - 4D)	60.00			
F. Find the height in Table 3-1 (Height Factor). Enter height in inches.	60.00			
G. Find the Soldier's circumference value (line 4E) and height (line 4F) in Figure B-6 (Percent Fat Estimation for Women). Enter the body fat value that intercepts with the circumference value and height. This is the Soldier's Percent Body Fat.	20.00			

CHECK ONE

- Individual is in compliance with Army standards;
 is not in compliance with the standards.
- Recommended monthly weight loss is 3-8 lbs.

PREPARED BY (Signature) <i>Tamika Sandra</i>	RANK SGT	DATE (YYYYMMDD) 20090221	APPROVED BY SUPERVISOR (Printed Name and Signature) <i>Darren Smith</i>	RANK SFC	DATE (YYYYMMDD) 20090221
SANDRA, TAMIKA			SMITH, DARREN		

DA FORM 5501, AUG 2006

Previous Editions are Obsolete.

APD PE v1.03ES

★ IF required for duty position ★

Person Summary

[REDACTED]

Person Category National Guard - Officer (NG)
SSN: [REDACTED]
Open Investigation: N/A
PSQ Sent Date: N/A
Attestation Date: N/A
Incident Report: N/A
SF 713 Fin Consent Date: N/A
SF 714 Fin Disclosure Date: N/A
Polygraph: N/A
Foreign Relation: N/A

Date of Birth: [REDACTED]
Marital Status: N/A
Place of Birth: N/A
Citizenship: U.S. Citizen
NdA Signed: Yes
NdS Signed: No

PSQ Sent
Non-SCI Access History

Request to Research/Upgrade Eligibility

NdA History

Accesses

Category	US Access	PSP	Suitability and Trustworthiness	Available Actions
National Guard - Enlisted (NG)	Secret	No	IT: N/A Public Trust: N/A Child Care: N/A	<u>Indoctrinate Non-SCI</u> <u>Debrief Non-SCI</u>
National Guard - Officer (NG)	Secret	No	IT: N/A Public Trust: N/A Child Care: N/A	<u>Indoctrinate Non-SCI</u> <u>Debrief Non-SCI</u>

Person Category Information

Category Classification: N/A
Organization: WP43T0, HHB 1/201ST FA, ...
Organization Status: N/A
Occupation Code: N/A
SCI SMO: N/A
Non-SCI SMO: W8BSAA, HQ WV-STARC - CHARLESTON WV, Level 4, 304-561-6359, jack.bowyer@wv.ngb.army.mil
Servicing SMO: No
Office Symbol: N/A
Position Code: N/A
Arrival Date: N/A
Office Phone Comm: N/A
Separation Status: N/A
Interim: N/A
Separation Date: N/A
Grade: N/A
PS: N/A
RNLTD: N/A
Office Phone DSN: N/A
TAFMSD: N/A
Proj. Departure Date: N/A
Proj. UIC/RUC/PASCODE: N/A

Report Incident

In/Out Process

Remarks

Suspense Data

Investigation Request

Investigation Summary

Investigation History

NACLCLC from OPM, Opened: 2005 12 12 Closed 2006 09 21

Adjudication Summary

SI Adjudication of NACLCLC OPM, Opened 2005 12 12, Closed 2006 09 21, determined Eligibility of Secret on 2006 10 06 ArmyCCF

Adjudication History

External Interfaces

Perform SII Search

DCII

Notice: Under the Privacy Act of 1974, you must safeguard personnel information retrieved through this system. Disclosure of information is governed by Title 5, United States Code, Section 552a Public Law 93-579, DoDD 5400.11, DoDR 5400.11-R and the applicable service directives.

WEST VIRGINIA ARMY NATIONAL GUARD
JFHQ-WV-G1
1703 Coonskin Drive
Charleston, WV 25311

MEMORANDUM OF UNDERSTANDING
BETWEEN
CPT KNOBB AND SGT DOE

SUBJECT: Participation in Inactive Duty Training and Annual Training and Unit activities

1. References: NGB-ARH Policy Memo #06-023, NGB-ARH Policy Memo #09-014, NGB-ARH Policy Memo #09-011, and NGB-ARH Policy Memo #09-009.
2. Purpose: To establish guidelines for participation in Inactive Duty Training (IDT) and Annual Training (AT) and unit activities.
3. Problem: Possible conflicts between FTNGD-OS duties and responsibilities and IDT and AT.
4. In accordance with the above reference it is understood that Soldiers on Full-Time National Guard Duty Operational Support will not be required to participate in IDT, AT and Unit activities. They may volunteer to attend to participate in IDT, AT and Unit activities. In the event that a Soldier volunteers and The Adjutant General authorizes the Soldier to attend IDT or AT, the following requirements will be met and adhered to:
 - a. Reimbursement for travel expenses and/or per diem for the Soldier's voluntary participation in IDT or AT is not authorized.
 - b. The Soldier will not receive compensation in addition to FTNGD-OS pay and allowances (other than bonuses).
 - c. Sponsors will ensure that the FTNGD-OS project will take precedence over IDT or AT to ensure that the mission is completed as funded and fiscal responsibilities are met.
5. The undersigned agrees to the following understandings and agreements.
 - a. SGT John Doe volunteers to attend all IDT and AT training that does not conflict with his FTNGD-OS duties and responsibilities.
 - b. Reimbursement for travel expenses and/or per diem for the Soldier's voluntary participation in IDT and/or AT is not authorized.

SUBJECT: Participation in Inactive Duty Training and Annual Training and Unit activities

c. The Soldier will not receive compensation in addition to FTNGD-OS pay and allowances.

d. Sponsors will ensure that the FTNGD-OS project will take precedence over IDT or AT to ensure that the mission is completed as funded and fiscal responsibilities are met.

e. The above listed Soldier does not have more than 17 years of active federal service; therefore he/she is eligible for FTNGD-OS and is within the guide lines of NGB-ARH Policy Memo # 09-014, NGB-ARH Policy Memo #09-011, NGB-ARH Policy Memo #09-009, and NGB-ARH Policy Memo # 06-023.

2. POC for this memorandum is SGT Dwayne Smoot at 304-561-6622 or e-mail at dwayne.smoot@us.army.mil


JAMES P. KNOBB
CPT, WVARNG
EXECUTIVE OFFICER
20090804


JOHN DOE
SGT, WVARNG
ADMIN SPC
20090804

Medical Protection System (MEDPROS) - Individual Medical Readiness

Personnel	
Name	[REDACTED]
SSN	[REDACTED]
Rank	[REDACTED]
DOB	[REDACTED]
Sex	[REDACTED]
UIC	WP43T0
Description	0201 FA BN 01 HHB
Compo	Army National Guard
Arrival Date	2/15/2000
Location	WV
Command	[REDACTED]
Duty Title	[REDACTED]
Duty AOC	[REDACTED]

Physical Exam Data		
PULHES Code		111111
PULHES Source		PHA
PHA Date	Green	6/17/2008
Current Physical Exam Date	Green	9/15/2007
Physical Category		A
Height		74
Weight		200
Flight Status		N

Deployment Limitations		
Non-Deployable Medical Profile	Green	No
Limited Duty Status	Green	No
Limited Duty Type		

Dental		
Panograph	Green	Yes
Dental Class	Amber	4
Last Dental Exam	Amber	6/13/2006

Labs		
Blood Type		A-
HIV Test Date	Green	9/12/2007
DNA	Green	On File
Sickle Cell Screen		NA
Sickle Cell Screen Date		
Pap Smear		Not Applicable
Pregnant		Not Applicable
G6PD Date		2/25/2005
G6PD Status		Normal

Annotated in Deployment Medical Record	
Blood Type	Yes
Medication	Yes
Medical Warning Tags	No
Immunization Record	
Summary Sheet of Medical Problems	NO
Corrective Lens Prescription	Not Applicable

Immunizations / Pharmacy		
IMM Profile	Green	Routine Adult
180 Day Meds	Green	Not Applicable

Equipment		
Hearing Aid		Not Applicable
Medical Warning Tags	Amber	No
Allergy / Conditions		Yes

Medical Equipment Status	
Insect Protection	NO
Weather Specific Uniform	NO
Sunglasses	NO
Safety Goggles	NO
Tanker Goggles	NO
Artillery HPD	NO
Ballistic Laser Protection Spectacles	
Contacts	Not Applicable
Dental Orthodontist Equipment	No
Medications	Yes

Occupational Protection		
Respiratory	Green	Not Applicable
Hearing	Green	Not Applicable
Vision	Green	Not Applicable

Vision		
Two Pair of Glasses	Amber	No
Vision Screening Date		5/27/2008
Mask Inserts	Amber	No

Deployment Health Assessments		
Latest Date for Pre	N/A	1/10/2003
Latest Date for Post	N/A	2/9/2005
Latest Date for PDHRA	Green	10/7/2006